



MYASTHENIA GRAVIS EMERGENCY ALERT CARD

I have **Myasthenia Gravis (MG)**, a disease that can make me so weak that I may have difficulty standing or speaking clearly. I may have drooping eyelids, double vision, and difficulty breathing or swallowing. Sometimes these symptoms are mistaken for intoxication. If my breathing and swallowing difficulty is severe, I may be having an "MG crisis" that needs emergency treatment.

If I need help, please contact my doctor, local EMS or hospital immediately.

My Name
Phone
Doctor
Phone
ICE
Phone



Emergency Management

Severe Respiratory Difficulty

Complaints such as shortness of breath at rest, difficulty speaking except in short sentences, anxiety, restlessness, air hunger, fatigue, and inability to lie flat.

- * Maintain open airway
- * Suction pooled oral secretions
- * Support respirations if needed with an ambu bag or non-invasive ventilation

Breathing difficulty in MG is related to diaphragmatic weakness. Oxygen is not helpful and may be harmful.

Drugs to be avoided / used with caution

Antibiotics

- Aminoglycosides
- * Kanamycin
- * Streptomycin
- Telithromycin**
- Tetracycline
- Fluoroquinolones
- * Ciprofloxacin
- Macrolides
- * Azithromycin
- Ritonavir

Bulk laxatives

Reduce absorption of Pyridostigmine

Cardiovascular

- * Quinine
- * Quinidine
- * Propranolol

Diagnostic imaging

- * Iodine contrasts

Anticonvulsants

- * Phenytoin

Other

- Magnesium
- Corticosteroids
- Muscle relaxants
- Botox